



International Federation of Fertility Societies

Fédération internationale des sociétés de fertilité

Federación internacional de las sociedades de fertilidad

*IFFS comment on the paper and press release from the ASRM Congress, Orlando, FL.,
October 18, 2011*

The Effect of Obesity on Assisted Reproduction- Emerging Trends

Commenting, IFFS Board member Dr David Adamson, (Palo Alto, California), said

“The work presented at the ASRM meeting shows how complex the factors leading to a successful birth can be. Taking obesity and overweight, the majority of the work presented here agrees with established findings that being overweight can significantly affect the success of ART. Body weights are increasing throughout most of the world, and this is becoming a significant problem. Of course, it can be difficult to stay to a normal body weight, but we would urge patients to try, as this will help maximize their chances of a successful pregnancy”.