



International Federation of Fertility Societies

Fédération internationale des sociétés de fertilité

Federación internacional de las sociedades de fertilidad

IFFS comment upon the following paper and press release, from the 2011 ESHRE congress, Stockholm, Sweden, 4 July 2011.

How many embryos to transfer? Swedish researchers develop new method to avoid twins while maintaining high live birth rates by Jan Holte et al.

IFFS Board member Dr David Adamson (Palo Alto, California), said

“This is an extremely important paper which has identified a way of understanding which patients should have Single Embryo Transfer. Using this model should ensure maintenance of pregnancy rates while obtaining a reduction of multiple pregnancy rates and the associated complications”.

IFFS General Secretary, Mr Richard Kennedy (Coventry, UK), said

“This is important work. Multiple pregnancy is a global and avoidable issue with IVF. Fertility specialists are continually looking for ways of transferring as few embryos as possible, while maintaining the success rates of the IVF cycle. What this work does is to identify key factors in each individual woman which can help decide which women will have a better chance of pregnancy with single embryo transfer, and which will need more than one embryo transferred”.