



## **International Federation of Fertility Societies**

**Fédération internationale des sociétés de fertilité**

**Federación internacional de las sociedades de fertilidad**

*IFFS comment on the paper and press release from the ASRM Congress, Orlando, FL,  
October 17, 2011*

### **Experts Call for Increase in Single Embryo Transfer**

Commenting, IFFS Board member Dr David Adamson, (Palo Alto, California), said

“The IFFS has always held that the safety and wellbeing of patients and the resulting children is the single most important factor in deciding how many embryos to transfer. But one also has to consider how to balance this safety with a healthy outcome for mother and baby. There is always the need to balance the safety with the effectiveness. In general, this is best determined by national Societies. What we find is that if there is adequate funding for ART then it is easier for patients and physicians to utilize elective SET. We agree with the ASRM and SART, that if there are no anticipated difficulties, then it is best to go for SET. We fully support this move towards elective SET, and we urge funding bodies to provide adequate support to ensure the success of these safer methods”.